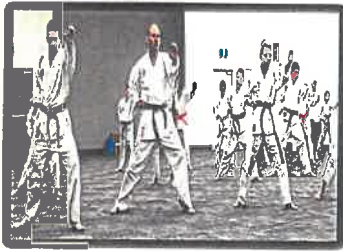




RYUKYU Shotokan Karate



S
e
l
f
d
e
f
e
n
c
e

f
i
t
n
e
s
s

Mondays ~ Lauderdale Hall

4-7 years 4:30-5:00pm
8-12 years 5:00-6:00pm
Seniors 6:00-7:30pm

Tuesdays ~ Claremont Memorial Hall

4-7 years 4:30-5:00pm
8-12 years 5:00-6:00pm
Seniors 6:00-7:30pm

Wednesdays ~ Sorell Memorial Hall

4-7 years 4:30-5:00pm
8-12 years 5:00-6:00pm
Seniors 6:00-7:30pm

Thursdays ~ Old Beach Community Centre

Jetty Road, Old Beach
4-7 years 4:30-5:00pm
8-12 years 5:00-6:00pm
Seniors 6:00-7:30pm

Friday ~ Lindisfarne Activities Centre

4-7 years 4:30-5:00pm
8-12 years 5:00-6:00pm
Seniors 6:00-7:30pm

Saturday ~ Brighton Memorial Hall

4-7 years 9:30-10:00am
8-12 years 10:00-11:00am
Seniors 11:00-12:00pm

Call Sensei Chris Cousens 0409 359 369



Find us on:
facebook®

<http://ryukyukarate.webs.com/>

first lesson FREE

