



ENROL TODAY!

Our Fit Kids classes include games and exercises tailored to the age of your child that focus on team work, building confidence and making exercise fun!

Monday

Ages 4-7 3:30pm

Ages 8-12 4:15pm

Thursday

Ages 8-12 4:15pm

Cost

Casual rate \$10 a class

Term 2 training pack \$80 (9 weeks)

For bookings please contact us via the Freedom Fitness Facebook page or call us on 0409190275.

