



Treatment of Head Lice

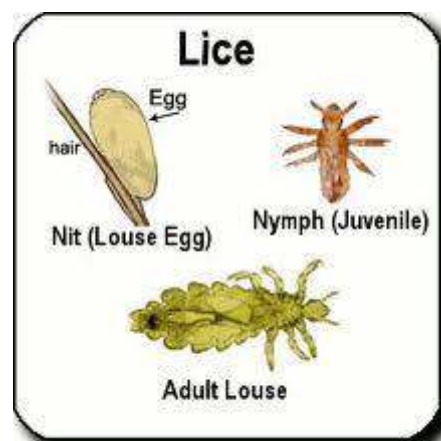
Step 1: Apply conditioner or Head lice treatment for 10 minutes or for time stated on the bottle.



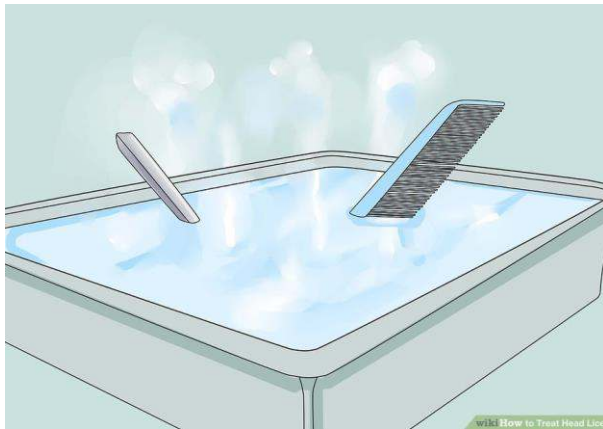
Step 2: Separate the hair into sections. Gently comb each section one at a time with a metal fine tooth 'nit comb' (available from most chemists) in four directions – forwards, backwards, left and right.



Step 3: Wipe nit comb off onto towel or tissue after combing each section, check what has been removed from hair, eggs or lice.



Step 4: Rinse hair well and dry. Soak nit comb in boiling water for 10 minutes



Step 5:

Check and treat hair with conditioner and combing method **every day for 7 days**. This method focuses on removing adult head lice from hair and breaking the egg-laying cycle. Eggs hatch 7 to 10 days after being laid. If you only do this method once and one or two adult head lice are missed, the cycle of outbreaks will continue. **Repeat Head lice treatment again seven days later, in the same way, with the same lotion.** Check all heads a day or two after the second treatment. If you still find living, moving lice, ask public health or your GP for advice. Remember – after **Step 3**, you may need to use your fingernails to remove any eggs that were missed during combing.

